

**For Immediate Release**

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**Spring Equinox Campfire at McDonald Farm**

*Families Invited, The Conservation Foundation, Thursday, March 20*

**Naperville, Ill. (March 7, 2008)** – Bring your family, sense of adventure and a cozy blanket to the Spring Equinox Campfire, a Discovery Program presented by The Conservation Foundation, at 6:30 p.m. on Thursday, March 20. The Foundation, a member of the Chicago Wilderness consortium, is located on the 60-acre McDonald Farm at 10S404 Knoch Knolls Road, Naperville, Ill.

Enjoy stories around a campfire, sip hot chocolate and hike to a restored wetland where nature is “springing” to life. The program will include time to explore McDonald Farm on your own. As part of “Leave No Child Inside,” a Chicago Wilderness initiative to reconnect kids and nature, The Conservation Foundation is holding this event and others in its Family Discovery Days Program with a goal of improving kids’ health and conserving natural heritage for the future.

For tens of thousands of years, kids went outside and played in nature. In only three decades, society is reversing this trend. Health experts agree a lack of unstructured outdoor playtime for children may be linked to childhood obesity, attention deficit disorder and poor social skills.

Cost for the Spring Equinox Campfire is \$3 per person and registration is required with a maximum of 25 participants. Call 630-428-4500, Ext. 10, to register. To learn more about “Leave No Child Inside,” including where to go and what to do outside with children, visit [www.KidsOutside.info](http://www.KidsOutside.info). For information on the Family Discovery Days Program, as well as other activities and events sponsored by The Conservation Foundation, including membership, visit [www.theconservationfoundation.org](http://www.theconservationfoundation.org) or call 630-428-4500.

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**Editors, please note:** Photos available on request.

*The Conservation Foundation is a nonprofit land and watershed protection organization. It is the only environmental organization to receive the Annual Award for Business Excellence from The Business Ledger in 2008. Established in 1972 by business and community leaders, The Conservation Foundation is dedicated to preserving open space and natural lands, protecting rivers and watersheds, and promoting stewardship of the environment in northeast Illinois. Working closely with citizens, elected officials, developers, land use planners, park districts and forest preserves, The Conservation Foundation has contributed to the protection of more than 30,000 acres of open space lands in northeast Illinois. The Conservation Foundation has more than 4,500 donors and members. Its main office is located at the 60-acre McDonald Farm in Naperville, Ill. A program office is located at the historic Dickson-Murst Farm in Montgomery, Ill. For more information about activities, programs and membership, visit [www.theconservationfoundation.org](http://www.theconservationfoundation.org) or call 630-428-4500.*